

## NOTES CONCERNING THE CLOTHING AND EQUIPMENT LIST

1. Pack a trunk (footlocker) **and** a duffel bag. You can find both on the Summer Camp Supply website ([www.summercampsupply.com/pineisland.html](http://www.summercampsupply.com/pineisland.html)). The duffel bag should be sturdy and should have a zipper the whole length. Get a good big one.
2. A hip-length pad assures a good night's sleep on the trail. Pads come in a range of types and prices and are available in stores and through Summer Camp Supply. For keeping you warm, a sleeping pad is almost as important as a sleeping bag; a foam pad provides plenty of insulation.
3. Each boy must bring a backpack. It can be an external or internal frame pack, but must be more than simply a school backpack. Summer Camp Supply is very enthusiastic about the quality of the packs they offer. Backpacks should be at least 25 liters to accommodate gear for a 3-day expedition.
4. Bring plenty of socks. Especially recommended are the heavy athletic socks a boy would normally wear when participating in school sports. Two pairs of merino wool socks are required for hiking trips (see below).
5. Each boy must have a sturdy, comfortable, and well-fitting pair of hiking boots in good condition and **at least three pairs of boot socks**. We recommend Darn Tough, Smart Wool or other merino wool styles. While the new nylon hiking boots do not take the breaking in that the old leather ones did, they still need some. It seems leather boots are making a comeback. Ask for advice where you buy them.
6. Each boy must bring a sleeping bag to camp. Good sleeping bags are available in many stores and catalogues. A boy's bag should be warm enough (down to +20 degrees at least) and should have a stuff sack that makes the bag as small as possible for packing, such as the compression sacks that Summer Camp Supply offers. All sleeping bags offered by Summer Camp Supply come standard with a compression stuff sack. A good sleeping bag is a good investment and will last a boy a long time.
7. Remember to send towels, sheets, blankets, pillow, pillowcases and a mattress cover. The camp does not supply these items unless a boy is coming from abroad.
8. Send only Ivory soap or Dr. Bronner's liquid soap - and no shampoo! Neither Ivory, Dr. Bronner's, nor the other liquid soaps Summer Camp Supply offers contain phosphorus, and both the Ivory bar and the liquid bottles float (in the lake).
9. **Be sure to include a set of long underwear, a fleecy jacket, a wool or fleece hat, and some light gloves (cotton is not allowed on trips)**. Boys may not go out on camping trips without these essential items, and we will require anyone who does not bring them to buy them from the camp store. It gets a lot colder than you might think out there, especially in bad weather. Summer Camp Supply offers good options for all these items.
10. Do not forget to include **two laundry bags, preferably light-colored so the camper's name is easy to read on the outside**. It is a real inconvenience for the boy who arrives without them.
11. For rainy days on the trail, our trip leaders recommend lightweight, flexible rain pants and jacket instead of ponchos. However, your son may find a poncho easier to manage on rainy days in camp.
12. A tent is optional, as Pine Island provides tent shelter on all trips. However, a boy is welcome to bring his own tent if he has one.
13. Pine Island is committed to giving your boys an electronics-free summer. Boys MAY NOT bring cell phones. Boys MAY bring e-readers and devices that play music, but they MAY NOT bring any device that will do anything OTHER than play music or display e-books. We are eager for boys to listen to music and to share it with each other at Pine Island, but we feel that for the sake of keeping video games, access to the internet, etc. off Pine Island, it is necessary to add these new restrictions. Boys should also know that they may only listen to music while in their tent. Any devices that do anything but play music or display e-books will be impounded until the end of the summer.
14. Pine Island's KNIFE POLICY: boys may bring only Swiss Army-type jack knives or Leatherman-type knife tools to camp. You can see examples of knives we will allow at the Summer Camp Supply on-line catalogue. Boys may also bring a single-bladed folding knife. HOWEVER, knives MAY NOT have a blade longer than 4 inches, have a serrated blade, or be spring loaded so that they open by themselves. Our firm belief is that knives boys bring to Pine Island should be practical tools. As has been the case in for many years, boys may not use their knives unsupervised until they have passed the first rank in Woodcraft. Any knives not in compliance (or that are not used in a safe manner) will be impounded until the end of the summer.
15. **Mark everything! This includes electronics and gear as well as clothes.** Our experience unfortunately has been that the more valuable an item is, the less likely it is to be marked! Emily and I use a combination of name tags, thermal print labels, and a marking pen. Labels and fabric stampers are available on Summer Camp Supply's website. If you order by May 1, they will affix name tags to your son's PIC shirts if you desire that service. **Remember, anything that comes to camp without a name on it runs the great risk of disappearing forever....**
16. Some numbers on the list may seem awfully high, but remember that laundry goes out once a week and is gone for a week.

## REQUIRED CLOTHING AND EQUIPMENT

- 3 PIC t-shirts (see the Summer Camp Supply website)
- 8 other t-shirts (including at least 2-3 short-sleeved, lightweight, quick-drying synthetic – not cotton – shirts for hiking trips)
- 3 flannel shirts or other warm long-sleeved shirts (including at least 1 long-sleeved, lightweight, quick-drying synthetic shirt)
- 2 sweatshirts
- 1 fleecy "Patagonia"-type pullover or zip-up jacket
- 2-3 pairs blue jeans or other tough pants
- 2 bathing suits
- 6 pairs shorts
- 10 pairs of underwear
- 1 set polypropylene long underwear (two pairs of long underwear bottoms for boys who intend to go out on a lot of trips)
- 10 pairs athletic socks
- 3-4 pairs hiking socks (Darn Tough, Smart Wool socks or socks made of mostly Merino wool are highly recommended)
- 2 pairs sneakers
- 1 pair hiking boots
- 1 pair Aquasox, Keens, or other lightweight shoes that are made to get wet
- 1 hat or cap (for sun)
- 1 lightweight wool or polypro hat
- 1 pair lightweight gloves for hiking trips
- 1 rain jacket
- 1 pair rain pants
- 1 backpack (internal or external frame)
- 1 sleeping bag with stuff sack (should be warm down to +20 degrees)
- 4 towels
- 4 sheets (2 sets of sheets)
- 1 mattress cover
- 2 pillow cases
- 1 pillow
- 3 blankets or their equivalent in warmth
- 2 laundry bags, preferably light-colored and conspicuously marked on the outside with camper's name
- 2 toothbrushes
- 1 tube toothpaste
- 2 bars Ivory soap
- 1 soap dish
- 2 water bottles (27-32 oz.)
- 1 flashlight

## OPTIONAL CLOTHING AND EQUIPMENT

- insect repellent (non-aerosol)
- tent
- wool sweater
- sleeping pad (for trips)
- trunk lock
- fishing tackle (*No lead sinkers, please; half of loon deaths in New England are due to lead poisoning.*)
- jackknife
- PIC cap
- PIC sweatshirt
- tennis racquet (if you plan to take tennis classes)

## AVAILABLE IN THE CAMP STORE

- stamps
- envelopes
- postcards
- pens and pencils
- stationery
- Ivory & liquid soap
- soap dishes
- water bottles
- toothpaste & toothbrushes
- flashlights
- batteries
- mosquito netting
- laundry bags
- playing cards
- wool socks
- polypro shirts & bottoms
- PIC caps & t-shirts
- insect repellent