

## NOTES CONCERNING THE CLOTHING AND EQUIPMENT LIST

1. Pack a trunk (footlocker) **and** a duffel bag. Pine Island will send you brochures for C & N Footlockers (now known as Everything Summer Camp). **Please do not get a trunk that is more than about 13" high.** The duffel bag should be sturdy and should have a zipper the whole length. Get a good big one.
2. A tent is optional, as Pine Island provides tent shelter on all trips. Nevertheless, a boy is welcome to bring his own tent if he has one.
3. A hip-length foam pad assures a good night's sleep on the trail. It is both inexpensive and everywhere available.
4. Each boy must bring a backpack. It can be an external or internal frame pack, but must be more than simply a school backpack.
5. Bring plenty of socks. Especially recommended are the heavy athletic socks a boy would normally wear when participating in school sports. SmartWool-type socks are recommended for hiking trips (see below).
6. Each boy must have a sturdy, comfortable, and well-fitting pair of hiking boots in good condition and **at least three pairs of boot socks.** We recommend SmartWool or other merino wool styles. While the new nylon hiking boots do not take the breaking in that the old leather ones did, they still need some. It seems leather boots are making a comeback. Ask for advice where you buy them.
7. Each boy must bring a sleeping bag to camp. Good sleeping bags are available in many stores and catalogues. A boy's bag should be warm enough (down to +20 degrees at least) and should have a stuff sack that makes the bag as small as possible for packing. A good sleeping bag is a good investment and will last a boy a long time.
8. Remember to send towels, sheets, blankets, pillow, pillowcases and a mattress cover. The camp does not supply these items unless a boy is coming from abroad.
9. The PIC sweatshirts from Maine Camp Outfitters are good ones. If your son already has a couple of sweatshirts, however, pack those instead of buying new ones.
10. Send only Ivory soap or Dr. Bronner's liquid soap - and no shampoo! Neither Ivory nor Dr. Bronner's contain phosphorus and both the Ivory bar and the Bronner's bottles float (in the lake).
11. **Be sure to include a set of long underwear, a fleecy jacket, a wool or fleece hat, and some light gloves.** Boys may not go out on camping trips without these essential items, and we will buy them for anyone who does not bring them. It gets a lot colder than you might think out there, especially in bad weather.
12. Do not forget to include **two laundry bags.** It is a real inconvenience for the boy who arrives without them. Our experience is that they are available in discount stores.
13. For rainy days on the trail, our trip leaders now recommend lightweight, flexible rain pants and jacket instead of ponchos. However, your son may find a poncho easier to manage on rainy days in camp.
14. We are eager for boys to listen to music and to share it with each other at Pine Island. For this reason we allow boys to bring portable listening devices with them to camp. Boys **MAY NOT** bring cell phones and they **MAY NOT** use their iPod devices to play video games or watch video of any kind. Any electronic devices being misused will be impounded until the end of the season.
15. **Mark everything!** This includes electronics and gear as well as clothes. Our experience unfortunately has been that the more valuable an item is, the less likely it is to be marked! Enclosed are brochures for several marking systems. Emily and I use the sew-in name tags, a marking pen, and sometimes a name stamp. The Bell of Maine brochure also offers good laundry bags that can be embroidered with your son's name, as well as a choice of printed or woven labels. Maine Camp Outfitters offers nylon labels and will attach them for you. **Remember, anything that comes to camp without a name on it runs the great risk of disappearing forever....**
16. Some numbers on the list may seem awfully high, but remember that laundry goes out once a week and is gone for a week.

## REQUIRED CLOTHING AND EQUIPMENT

- 3 PIC t-shirts (see the Maine Camp Outfitters catalogue)
- 8 other t-shirts (including 1-2 short-sleeved, lightweight, quick-drying synthetic shirts for hiking trips)
- 3 flannel shirts or other warm long-sleeved shirts (including at least 1 long-sleeved, lightweight, quick-drying synthetic shirt)
- 2 sweatshirts
- 1 fleecy "Patagonia" type pullover or zip-up jacket
- 2-3 pairs blue jeans or other tough pants
- 2 bathing suits
- 6 pairs shorts
- 10 pairs of underwear
- 1 set polypropylene long underwear
- 10 pairs athletic socks
- 3 pairs hiking socks (Smartwool socks or socks made of mostly Merino wool are highly recommended)
- 2 pairs sneakers
- 1 pair hiking boots
- 1 pair Aquasox or other lightweight shoes that are made to get wet
- 1 hat (for sun)
- 1 wool or polypro hat
- 1 pair lightweight gloves for hiking trips
- 1 rain jacket
- 1 pair rain pants
- 1 backpack (internal or external frame)
- 1 sleeping bag with stuff sack (should be warm down to +20 degrees)
- 4 towels
- 4 sheets (2 sets of sheets)
- 1 mattress cover
- 2 pillow cases
- 1 pillow
- 3 blankets
- 2 laundry bags
- 2 toothbrushes
- 1 tube toothpaste
- 2 bars Ivory soap
- 1 soap dish
- 2 water bottles
- 1 flashlight

## OPTIONAL CLOTHING AND EQUIPMENT

- insect repellent (non-aerosol)
- tent
- rain poncho
- foam sleeping pad (for trips)
- trunk lock
- fishing tackle (*No lead sinkers, please; half of loon deaths in New England are due to lead poisoning.*)
- jackknife
- pajamas
- wool sweater
- tennis racquet (if you plan to take tennis classes)

## AVAILABLE IN THE CAMP STORE

- insect repellent
- Ivory soap
- soap dishes
- pens and pencils
- stationery
- envelopes
- post cards
- stamps
- water bottles
- toothpaste & toothbrushes
- flashlights
- batteries
- mosquito netting
- laundry bags
- playing cards
- wool socks
- polypro shirts & bottoms
- PIC hats